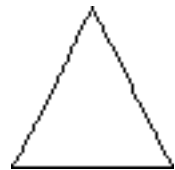


# *Seeing Auras*



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## *What is the aura?*

For ages people have talked about seeing auras. From the eastern “body of light” to the western Christian *halo* some image of the energy that surrounds us and radiates from us is a part of the lore of every religion and culture. These images are the testimony of those who see the world of energy around us and who seek to understand how we can all become more aware of these realities. Today, in the last decade of the twentieth century, there are far more people alive than ever before who can not only feel but also see the energies around them. This is a natural event in human evolution and as more years pass we will all find our abilities to be aware of auras and energies increasing.

One time (in the late 1980's) I was at a seminar on psychology in Los Angeles and a young woman came up to me and started telling me about how she could see peoples' minds, their emotions and their physical radiance. She said that she had been able to do this all her life and that she was not sure why she had these abilities. We talked for a bit and I told her that she had a very valuable ability but that she should not tell too many people about it yet because there are many who unfortunately would take advantage of her if they could. Today, however, I believe people can be more honest and open about what they see as long as they show reasonable care in their associations. There are many people who see many different types of energies and auras and as more people become so aware we will find that our understanding of what we are seeing and our accuracy of sight will improve. Not everyone is aware of the same things and people have

different understandings of what they see.

The human aura is the field of *energy radiance* which exists around each human being. All living things have auras. Plants, animals and even some rocks have an energy radiance (based upon their evolutionary quality) which can be seen as an aura. The aura is created by the collective activity of the physical, emotional, mental and (sometimes) spiritual energy fields or bodies of the living entity. Most people feel auras in an unconscious way. All five senses exist for energy fields and auras -- we can in fact touch, hear, smell, taste and see the energy around us. The phraseology of our language is full of expressions such as “that was sweet” or “that place felt good” which have continuance because all people are in fact at least unconsciously aware of energies and sensitive to auras. For example, the aura of a building is determined by many things including the colors, architecture, whether it is sunny or shadowy, and the materials used (plastic, wood, stone, etc.). Buildings made of natural materials (in particular stone, marble and adobe) and which are open air have the best and most vital auras.

There are many types of auras and energies that are being created by us and that are being received by us all the time. The compassion one feels for a needy person or the enjoyment of the beauty of a rose cause certain types of energy to be radiated forth. We actually live in a world of energy relationships in which we make choices which shift whole ranges of energy and change our auras.

Each of us has developed or is developing our physical, emotional, mental and spiritual energy fields. We will talk later about how best

to do this, but for now to consider and eventually consciously to understand the energy fields and auras of all life around us it is necessary to study the different levels and types of energy. Minerals have only dense physical energy (until they become radioactive), plants have physical, vital and some emotional energy, and animals have physical, vital, emotional and some mental energy.

All main types of energy exist in seven levels. There is physical-vital energy, emotional energy, mental energy (both of a higher or abstract type and of a lower or concrete type), intuitive energy and higher spiritual energy. These are the main types of energy in relation to humanity. Our conventional physical body is actually just an organization of three levels of energy: solid, liquid and gaseous, and primarily liquid in most cases. These are the lowest or densest of the physical energies. From lowest to highest the physical energies are: solid, liquid, gaseous, plasma (ions), light etheric, electric etheric, and atomic etheric. Many people begin to understand energies by looking up at the sky and noticing etheric light sparks. The emotional, mental, intuitive and spiritual energy levels are also sevenfold and these will be talked about throughout the book. Energy bodies are usually to be seen a few inches to a few feet around the physical body and are oval in shape. It is possible to increase the range of one's energy bodies both for good and bad reasons. A good person's energy bodies and aura can influence and help all those in the space within his range.

We sense and feel all of these energy levels when we have developed our own energy fields on these levels. The emotions we feel toward each other and the thoughts we think about each other are

all real energies on these levels and we can “see” them as we develop and refine our energy bodies. The lower energy of the mind (concrete intelligence) is the interpreter of experience and allows us to remember the lessons we have learned and to know how to do things better next time. The higher mental energy is the synthesizing and unifying, truth abstracting energy which allows us to see universal principles working out. These energies are radiated in our auras. Athletes usually have very vital physical auras, artists who create real beauty have bright emotional-intuitive auras and scientists who are working for good have very vibrant mental auras.

*“Seeing” auras.*

*Vitality and health.*

Our health is determined by the quality of the energy that we include in our life. The food we eat, the emotions we feel and the thoughts we think all go to make up the energy of our bodies. If we want to have good health then we must put good energy into our bodies. As our health (i.e., our energy and aura) becomes of a higher quality we become better able to sense energies. This is because higher quality energies include or are above all other energies. Just like when one is on the mountain top one can see farthest -- so when one builds in higher quality energy one can sense the most types of energy. The general energy of *vitality* is the energy of the higher levels of each main level but the word *vitality* is most often used to refer to the higher energies of the physical world or the four ethers (plasma, light, electric and atomic).

Eating good food (such as fresh fruits and vegetables), feeling good emotions (such as appreciating beauty), and thinking positive thoughts all increase our health, energy and vitality. Going for walks in nature is another way of improving our energy. Right prayer and meditation are also very beneficial. We all will improve our vitality as the years pass and most people should not try to force sudden complete lifestyle changes on themselves. Slow and steady improvement over time is far better than short forced spurts which usually

result in a behavioral backlash. It is the overall direction of one's life that matters in reality and doing a little bit each day (or each week or even a little each month) seems to work best for most people.

When improving our health and increasing our energy we are really substituting the higher or "lighter" for the lower or "darker" and when one begins to sense energies the first "sights" are often of lighter vs. darker energy fields. Always work for the higher rather than against the lower. "Energy follows thought" and as we bring in better quality energies to our bodies the lower (such as anger and irritation) will gradually be pushed out and fade away from lack of attention.

We can increase our vitality by doing things such as: Eating fruits and vegetables, grains, nuts that are fresh and some of which we grow ourselves; looking at beautiful art; being creative; listening to beautiful music; keeping your environment in reasonable order and cleanliness; reading inspirational books; doing something good for someone else; timely sexual abstinence; making a real sacrifice; and exercising out of doors. We all must work to fulfill our normal duties and responsibilities and being *able to respond* to real energies in relationships will help us greatly in this.

We are asked to pray each day the prayer: "Let good befall the world."; and to meditate by thinking good thoughts for the world for thirty minutes each day. Doing this will greatly increase our vitality and our ability to sense not only the

energies of those around us but national and global energies as well. Prayer and meditation increase our spiritual energy fields and make us eventually able to live consciously in the spiritual (immortal) and physical (mortal) worlds simultaneously. There are many ways to pray and meditate and each person must use his own judgment and intuition to guide him in this matter.

The spiritual energy fields are actually developed with the help of our inner and higher Self (called in the east the Divine Angel and in the west the Christ). Within each of us is the immortal identity or monad (soul) that is who we really are. Spiritual energy fields actually exist in four and higher dimensions. Eventually we will all see in four dimensions. The next kingdom in nature exists in five dimensions and there are a few in the world today who represent this kingdom.

*Humility, honesty and courage.*

Many people fall into the trap of thinking that because they can do something that other people cannot do that they are somehow fundamentally better than those other people. Anyone who feels this way is actually less “spiritual” than the people that he is comparing himself to. Pride and vanity will send one in any direction except the truly right direction. I have known many people who could somewhat see and manipulate energies and auras but who did so out of a sense of superiority over others and thereby did the wrong energy adjustments and ended up harming themselves and those who trusted them. To relate to the world of energies one must cultivate the virtues of humility, honesty and courage. Humility will keep your motivation pure, real honesty will allow you to avoid self-deception and the deceiving of others, and courage will allow you to realize and accept the new truths which seeing and feeling energies will reveal. There are many beautiful but (unfortunately due to mistakes and corruption) some unpleasant sights in the energies around us just as there are in the dense physical world and we must learn how to deal rightly with them all. Often an energy radiation appears light on one side and dark on the other side.

Humility is an actual intuitive energy that is a part of the energy of Love which is above all other energies as far as we are concerned. Humility is an energy of the heart and relates one to the heart of the universe. Honesty is an energy of a clear

mind and gradually allows one to cultivate right telepathic ability. Courage is an energy of will-power and leads to complete fearlessness.

When one begins to be aware of energies one will discover that many things are in fact the opposite of or very different from how one has seen them before. Many apparently good people are actually not so good and many apparently good human creations (such as plastics) do more long term harm than long term good and their uses could be better served by other means (such as the new technology that we will talk about later). One must have the unselfish honesty to see how things really are, the kind courage to admit the truth to oneself and others, and the sincere humility to face and learn from one's mistakes. When these qualities are cultivated then one begins to develop the intuitive energy field and he is on the way to being able to accurately understand energies and on the way to becoming a master of all physical, emotional and mental energies.

*How to ... .*

*See energies ... .*

By purifying and refining your bodies you will become able to be aware of energies. The key is to pay attention to and to become conscious of what is really going on around us all the time. It is said in the east that if one is a general vegetarian for seven years one can become fully conscious of all physical energies. It is also said that if one is a strict vegetarian for ten years then one can be safely conscious of and work with all emotional energies. This is because most edible fruits and vegetables generate vitality directly from sunlight and have none of the emotional impurities that are found in meat from the animal.

I was raised on steak, hamburgers and fast food and went through a several year transition period of eating fish and chicken before I became a general vegetarian. During this time my ability to accurately sense energies increased dramatically. I had been able to sense and see energies all of my life but until I began to purify my body I had difficulty controlling my reactions to what I saw. Diet, however, is a matter of personal choice (determined by circumstances and individual right timing) and no one except God can evaluate anyone else's personal habits.

In the far future we will all live on air, the ethers and sunlight. The general tendency toward a healthier diet by humanity today is an unconscious recognition of this truth which will result in a widespread recognition of the world of energies. This recognition will prove the fact of immortality and eliminate the ridiculous fear of death.

It is possible to be aware of energies and auras without following a strict diet or being completely emotionally and mentally refined but to understand accurately and work safely with energies sufficient purity is a requirement.

After you have begun to purify and refine your bodies you can begin to become consciously aware of and eventually see etheric energies by doing the following: looking up at the sky and noticing little light sparks; looking up at the sky and noticing silvery energy traces; looking at living things in soft light; thinking about the motivation behind what a person is saying.

*See and feel auras ... .*

After you have begun to purify and refine your bodies you can begin to become consciously aware of and eventually understand auras by doing the following: noticing feelings in different areas of your own aura (around your body); noticing the qualities of different types of entertainment; looking around in nature during sunrise and sunset.

Different areas around our body relate to different qualities and types of energy. One should not pay too much attention to where you feel energy impacts but to the quality (whether good, bad, virtue or vice) that one feels. This will help you to become conscious of the energies in your environment. Most people feel much in the solar plexus area and this is because in that area there is the center of our energy body that receives and sends out emotional energy. There are several centers in our bodies that allow us to relate to different types of energy. These are: sacral center (sexual or physical creativity); solar plexus (emotional); kundalini (spiritual); throat (mental); spleen (vital) substituting for ajna (spiritual wisdom); heart (spiritual love); and head or crown (higher spirituality). These centers develop and unfold naturally if one lives a life of purity, humility and service. It is very dangerous if the centers are worked on directly or specifically concentrated on unless one knows

*perfectly* what one is doing. Rather we should cultivate the virtues of love, humility, courage, honesty, etc. and we will find our sensitivity unfolding naturally. The principle reason for knowing somewhat of the centers is to begin to understand why we have different feelings in different parts of our bodies. As we become more conscious of the feelings around our bodies and in our environment we will be on the way to understanding auras.

## *Colors and Qualities*

In our language we use phrases such as “green with envy” and “red with rage” and such concepts have a basis in the colors and qualities of the emotional world. The seven colors of the rainbow in their various shades and hues all have primary appearance in energies. In the normally visible physical world what we see is reflected light or the light energy that is *not absorbed* by the form. We are in fact seeing the light quality that is the opposite of what the form really is. When seeing vital, emotional and mental energy we are usually seeing the energy that is radiated or the actual nature of the form.

The colors that a person who sees auras is aware of are most often really an interpretation by the perceptual faculties of the physical brain of a quality of impression or feeling. Unless the person is very pure the impressions will be seen through the filter of the seers own psychology and the qualities will be misinterpreted. For example, if a person’s aura radiates yellow and your aura is blue then you would see the other person’s aura as green. The solution to this is to have a pure or clear strong aura so that one simply feels the qualities without any of one’s own impurities getting in the way.

For basic understanding, however (and remembering that there are many exceptions and varieties of combinations), the following colors are related to these qualities: red (will power and intensity); orange (detailed analysis); yellow (creativity and

intelligence); green (harmony and balance); blue (love, calmness and wisdom); indigo (devotion and one-pointedness); and violet (organization and ceremony). Colors which are bright and vibrant and which are combinations of the colors of the rainbow are usually related to virtues. Colors which are dirtiesh and show up in the more stagnant parts of nature (such as those reflected in a murky swamp) are usually related to vices.

It is far more important for us to be able to sense qualities than to see colors in the world of energy. The virtues of honesty, humility, courage, steadfastness, and kindness will help you clear your energy bodies and auric radiations. One time, when I was in my twenties, I went to a meeting of an educational organization that I belonged to. I arrived early and went into the meeting room and saw that a conversation was going on between the head of the organization and a member about a relative who had just died. I went into meditation and saw that a cloud of emotional depression (dark and brown) was about to penetrate the person's emotional energy field. Through subtle means and in spiritual cooperation a flow of energy of safety and security was cooperatively precipitated which neutralized and dissipated the dark emotional cloud. The organization head, who could also see energies, looked at me and smiled. As we purify and refine our own energy fields there are many things like this that we can do to help people without them ever knowing it. Of course we can never violate free will or take away a person's opportunity to learn something for themselves but we can most certainly purify the energy of

our environment and thereby make it easier for people to control themselves. There are emotional clouds of dark energy (created by various sources either by mistake or for not good reasons) which float around all over the planet causing much difficulty which could be avoided if people cultivated emotional virtues and emotional calmness. These clouds effect individuals, organizations and even nations who have allowed impurities to have significant influence in their lives. As more people become able to work with energies we will be able to clean up this pollution and stop its creation on an individual, organizational, global and even eventually cosmic (inter-planetary and interstellar) level.

*Auras and human relationships.*

*Business and daily life.*

Everything we do all day long creates new energy patterns in the world of human relationships that we live in. Every conversation, every hand shake, and every gesture create energy radiations. These interactions allow for exchanges of physical, emotional, mental and sometimes spiritual energy between people. We have all taken, given, generated and created energies in relationships. All of the business of living is actually teaching us how to manage energies. We are all learning how to generate energy by right living and how to develop spiritual energy within. As more people become able to do this we will begin collectively and in groups to consciously influence planetary energy patterns for the common good.

Energy exchanges can be felt in different areas around our body. It is always best to notice the motivation of the person that one is interacting with so as to determine the cause of the feelings that they radiate. These feelings will be received in different areas around your body and this can tell you much about the energy exchange that is going on. Remember that it is important to notice the quality of the feeling rather than to pay too much attention to where you feel the energy.

Many people try to increase their own energy level by taking energy from others. This is because they have not yet learned how to improve their energy level themselves. People can take energy by somehow controlling or dominating other people and then usually getting in close to them. When auras are close to each other then the controlling person or the person with the least vital energy will take from the other person. People can also take your energy by getting you to feel sorry for them, by asking you inappropriate or revealing questions about your life and by getting you to want something (money, objects or even information) from them. The way to prevent this is to maintain strong and pure energy bodies and to keep at least a few feet away from people of low vitality. We can help people overcome these energy stealing tendencies by telling them what they are really doing (in acceptable terms of course), and if one is very strong and pure then one can learn to help people by giving them energy in such a way that it helps heal them so that they can increase their energy themselves rather than taking it from others.

If one is low on energy it is more difficult to control one's reactions and more difficult to relate well with other people. Low vitality or energy allows one to be easily swayed by mass emotions or to be controlled by some outside force. During times of low energy we become the victims of anger (dark intense red) and irritation (black and red). The taking of energy is no different than the stealing of money, it is taking something that someone else has earned that you have no right to. There can, of course, be exchanges of complementary or similar

energies wherein everyone profits. Good marriages and right friendships are examples of this. Productive and honest business relationships also improve everyone's aura.

Good and bad behaviors both have distinct energy patterns. Love and kindness often appear as a golden white radiation. Criticism, gossip and innuendo cause one's aura to become very dark and ugly and self-criticism leads to auric stagnation. When a person tells a lie and knows it then black spots often (but not always) appear in their aura. Being truly helpful to someone (but not letting them take advantage of you) brings vital energy into one's bodies.

The virtues and vices that we share in relationships either help (if virtues) or hurt (if vices) the development of our ability to be aware of auras. We should deal with all relationships as we ourselves would like to be dealt with. To be kind in a relationship, however, does not mean to be weak or wimpy and to be honest and strong does not mean to be cruel and harsh.

The best emotional aura to have is one of strength and love. Most people take their personality circumstances far too seriously and they need to lighten up and have a sense of humor through even the most difficult circumstances. A sense of humor repels lower quality emotional clouds and helps your mental energy body see clearly.

People can take your energy by giving you something and then expecting a certain type of gratitude from you. They can also take your energy just by establishing a psychological

rapport with you and then concentrating in a certain way. Many people do this unconsciously all of the time. All negative emotions cause the eventual loss of energy. Daydreaming weakens your aura and usually causes your bodies to go limp allowing your energy to leak out into the environment. The proper way to deal with daily life is to focus on solutions with positive strength and good cheer and doing this will greatly refine your energy bodies and enhance your auric stamina.

Co-dependency and avoidance behavior are other types of energy stealing relationships. If a person is controlled by a bad habit then the energy of that habit usually appears as a gap in the emotional body and aura. Before the gap can be healed with good energy the person's behavior must be somewhat changed by substituting better behaviors for the old ones. People who are fearful and insecure will often unconsciously try to transfer the low quality energy of their concerns into another person's aura who will usually by reflex reaction try to make the other person feel good by giving him some energy. All fears, worries and insecurities are always based on temporary circumstances and the higher reality of virtues and purified energies should be talked about as a solution.

If you have lost some energy you can regenerate it by doing the things listed above. Remember also to rest and play with right timing so as to balance your experiences with the time needed to assimilate the lessons learned and the new energy patterns created. For all of us as human beings experience promotes personal growth and the energy patterns which come

from the lessons we learn stay with us permanently as souls and lead us eventually to great wisdom.

Energy regeneration and opportunities to improve one's energy are often cyclic and are influenced by the time of day, month, and season of the year that one is in. In general, morning is the time for intense creative work, afternoon is the time for practical work, and evening is the time for rest. These daily times have their monthly (moon phases) and yearly (seasons) correspondences. When you become consciously sensitive to energies it is very easy to detect these cycles.

When you use an object, read a book or work in a room you are putting your energy into the object, book or room. This helps you to use the object better, to concentrate better on the book, and to work better in the room. The more you use something the more it will take on your energy. People should respect each other's use of objects and individual boundaries of personal space. This applies to books, papers, machines, creative work, private rooms, clothes and all the accouterments of life. This does not mean that we cannot use each others' objects but people should not take someone else's energy from the shared use of an object.

Good relationships are based on shared virtues. The best circumstances in life come about through developing relationships wherein the best that is in us is shared and we are able to work for a better society. As more higher quality energy begins to flow in the business of daily life our society's aura

will increasingly glow with a vital starry luster.

## *Men and Women*

Men and women have somewhat different energy systems. Just as our physical bodies are very different so are our energy bodies. In the spiritual world, however, there is no such thing as gender as we understand the term. Men's auras are normally like a shield while women's auras are normally receptive and inclusive. In general, women absorb energies from the environment and are able to feel global and spiritual energies better than most men while men provide an aura of firm protection and can usually sluff things off pretty easily.

Emotional reactions tend to stay in a woman's aura longer than a man's. This is why it is best in general if the man handles the worldly affairs in a relationship. Men and women can both develop sensitive and strong auras by refining their energy systems as described above. Of course a woman can become hardened in her aura and a man can be weak in his aura causing much difficulty in their relationship. It is the natural instinctual duty of man to protect woman and of woman to take care of her children. Women want to respect their men as strong and noble gentlemen. Good men and women can work in any healthy role in society that they feel suited for. Men and women can override environmental influences by generating vital energy and thereby maintain a healthy auric sphere of radiance around themselves and for those close to them.

Men and women who are developing their intuitive and spiritual energy fields become able to override conventional personality energy patterns and achieve great things in service to humanity. They become able to adjust their energy bodies and auras from within through good motivation and behavioral purity. Their auras can extend over many miles and bless an entire area. I once visited the community of Auroville near Pondicherry in southern India. This group was founded by Sri Aurobindo and his wife who was known as the Mother. I believe that it is still an all volunteer group that occupies many square miles of land. Sri Aurobindo and the Mother had been able to blend their auras and higher energy fields so as to bless all of the space around them and bring about the founding of a real spiritual based community.

Having sex causes an exchange of energy of many types. A married couple with a good relationship blends their auras on all planes when making love. People should remain celibate until married and then they will have the healthiest relationship on all levels. From the highest perspective people should abstain from making love unless they have agreed to have children. Sex is the energy of physical creativity and to expend this energy strictly for selfish reasons lowers one's vital energy dramatically.

The beauty of the marriage relationship is symbolic of higher spiritual experiences. A woman should not have physical, emotional or mental blending (energy sex) with any man before marriage nor should a man with any woman. A

married man and woman should gradually somewhat blend with, complement and support each other's energy systems. Parents and adults in charge of children should not violate a child's energy system as is unfortunately too often done through manipulative blending or domination. Parents should radiate love, kindness, strength, honesty and confidence in their relationships with their children and then each child's energy system will develop rightly. In truth men and women are God's gift to each other and as we learn to relate from the highest levels we are delving into the mysteries of the universe.

## *Family Values*

The family is the building block of a healthy society. Each family has its own aura and energy patterns. A healthy family aura brings great benefits to all those related to it. A healthy family energy field is created by the family doing good productive activities together while respecting each others rights.

Children develop their energy bodies by patterning or modeling themselves after the adults around them. Children should be treated with dignity and respect not treated like little toys for the pleasure of adults. Children can be disciplined by the use of directed love. In general, tell a child what *to do* and do so with strength AND love and the child will eventually, by imitation, follow the energy you are generating. The idea is to attract the child using good energy rather than repelling the child using bad energy. A child's obnoxious behavior should *not* be allowed to control a situation and parents must discover the discipline techniques which work best for them. Parents have the spiritual responsibility to raise their children as best as they are able and other adults must respect the rights that go with this responsibility.

Pregnant women should not be touched by any person unless that person is doing so for specifically helpful reasons. A pregnant woman is receiving energy from various spiritual sources and any one who touches her (unless the person is very

spiritual) will steal some of this energy. From the moment of conception the life thread of the incarnating soul is connected in the womb and the mother-to-be should spend as much time as possible purifying and refining her energy bodies.

Children under the age of three should be touched by as few people as possible and should be taken care of as much as possible by their mother. Stress should be minimized during the first six months especially and for the first three years. The brain is the receiver for emotional and mental energies on the physical plane and during the first six months fifty percent of the neuron connections in the brain are formed and ninety-five percent are formed by the age of three. Experiences during this time, in combination with genetics, set the brain nerve patterns for life (unless and until overridden by higher energy fields) and the child should do such things as hear foreign languages, look at art and various symbols, play with various toys, etc. One should not over do it of course but every child will benefit from a balanced variety of experiences given early on. Children can learn to deal with the stresses of life gradually and with right timing through goal directed achievement and by observing how older children and adults deal with difficulties. A child must learn to control and direct himself from within just as do psychologically healthy adults.

Setting specific goals, standards and expectations throughout the range of a child's developing abilities that are achievable will help a child learn the best. The focus of the child's development should be the meeting of the child's *real*

needs and a child will help in this just like we as adults work to meet our own needs. To fully understand a child's (or anyone's) complete needs we have to consider the quality, conditioning, control ability and cyclic energies which are influencing them. This is a vast subject and for those who wish to learn about it in depth the books in the bibliography will be helpful.

When a child is being born, at the moment of birth, one can usually sense the presence of the energy of the soul about to enter incarnation as well as the radiance of presiding angels. The deliveries that I have seen have been very beautiful. During delivery a woman can receive energies from spiritual realms if she and her husband cooperate rightly and stay focussed on love and beauty. It is good if the woman can honestly smile and feel joy as the birth of the child gets closer.

Adults must learn to respect the rights and needs of children. Children can be taught good civilized behavior very early (about the time they start using three word sentences) if they have good adult roll models. Adults who like to take their pleasure from or absorb the innocence of children should not be allowed to establish a rapport with the child. Children are usually born with a huge amount of vital energy (all that is necessary to get them to adulthood) but some of this energy is usually stolen by adults who violate the child's boundaries. This is the reason that so many children and teenagers have difficulty with self-control and inner discipline.

When a child is concentrating he is developing the expression of inner energy control and should not be disturbed unless necessary and then in the most gentle ways using love and strength. Of course sometimes it is necessary to take rapid intense action but such times should be rare. If the child's caretakers are confident, loving and strong through various circumstances then the child will develop right behavior very early. Children need to know that life has purpose and meaning (in a non-fanatical sense of course) and listening to stories and songs about heroes and those who have lead noble lives is of great benefit in this.

If too much of a child's energy is taken the child will reach the age of adulthood without his energy fields being fully developed. When this is the case he may have great difficulty controlling certain personal habits and this can lead to real psychological difficulties. The way to heal this and to develop full and strong energy bodies is to do the tasks mentioned in the chapter on how to see energies and auras. It is also very helpful if the person is around, works with and develops normal relationships with strong people who will not take his energy. It is also possible to develop intuitive and spiritual energy fields which will heal the person from within.

Couples who have children should remain married through life's difficulties and until their children are fully grown unless one of them is or becomes an unrepentant criminal or is unreformably abusive. This is because the children incarnated to the parents because the parents and siblings should provide

the energy patterns for the children to have the best opportunity for personal and spiritual growth. Sometimes we need a difficult life and sometimes we need an easy life and the spiritual value of a life can't be easily judged from its outward appearances. Parents have the highest moral obligation to raise their child as best as they are able. The family is the school of right human relationships and we must all eventually demonstrate our virtues in right family values.

It usually takes about twenty-one years for a child's energy system to develop fully. There can be exceptions for various reasons and some people develop much earlier and some develop much later. If the child's energy boundaries are respected then he will develop according to his own needs. In general (but with many exceptions and variations), from age 0 to 7 the physical energy body is primarily patterned, from age 7 to 14 the emotional energy body is primarily patterned, and from age 14 to 21 the mental energy body is primarily patterned. The child should then be an adult ready to make his own way in the world.

The best way to learn to work in the world is by apprenticeship so that the child's energy bodies can integrate the patterns of people actually living a productive life. From an early age a child should be around his parents and other trustworthy adults during times of work and be encouraged to contribute and help in whatever ways that he is able. A child loves to do what adults do and helping with household chores can be one of the child's favorite activities. Children have

different aptitudes but in general their development should include some scientific, artistic, manual, and business experiences. The career of which there is none greater is of course parenthood and how we raise our children should teach them how to raise their children better for the benefit of the future world.

## *Music & Singing*

Our voices are powerful projectors and conveyors of energy. Sound is the most “magical” manifestation in existence, if we define magic as the ability to manipulate energy in order to bring about manifest phenomena. The vocal tones that we use tell everything about the state of our energy bodies and cannot be totally faked.

Music and singing are conveyors of energy which has exact effects in different areas of our aura. We should listen to music which will stimulate the flow of higher energy rather than music which titillates us emotionally and sexually. At present much degeneration of the human and planetary aura is being caused by the cacophony of rough beat sounds and music that we are broadcasting into the air. The amount of noise on our planet has increased so dramatically in the last 200 years that it is causing real gaps in different energy areas of our world. We need to broadcast beautiful high-quality music into the air balanced with times of silence and then eventually we will be able to heal these gaps. The right use of sound creates wonderful patterns in the surrounding energy and brings in vital energy. After listening to good music or singing people should remain silent for a while in order to allow the good energy to flow with their aura.

The tones and inflections we use in a conversation tell far more about our motivation and meaning than the specific words

we are using. We all know people who have jolly voices and people who have harsh voices and this tells us much about them. Children are very sensitive to the emotional and mental energy behind the words that adults use. It is best to talk to children in normal adult tones which are slightly softened rather than the sing-song silly voice that many people use.

Angels exist in many different types and forms. There are many different “kingdoms” of angels in the worlds of energy just as there are in the nature that we see. Angels respond very much to sound. Beautiful music attracts a variety of good angels. In eastern teaching angels are often called devas. There are devas which work to help rocks and plants evolve and these have been known in the mythological lore as sprites, brownies and fairies. The feelings of angels working in nature are beautiful indeed. There are angels which are helping humanity such as the guardian angels and there are great archangels which oversee vast realms of energy and life. The music and sounds that we create have a profound effect on different deva kingdoms. The human voice is the greatest musical instrument ever created and music like Gregorian chants helps the energy of an area greatly by attracting radiantly white-gold devas or angels who contribute to the vitality of the area.

## *Herds and Groups*

There are many organizations in the world today which appear to be working for good. These organizations fall into several different types and could be divided into three main groupings: herds around a central personality; gatherings of individuals for various purposes; or very rarely they are spiritual groups. There are, of course, many variations on these generalities and many transitional types in between.

A *herd* is an organization of people whose energy field boundaries are controlled by a leader who dominates them by his stronger personality aura and uses their energy to make himself more powerful. He usually does this by getting people to trust or worship him and then causing them to doubt themselves or by using intimidation and fear. The leader then appears to be very powerful and creative (and even to have magical abilities) but this is really from the theft of the energy of others. Herd leaders try and get people to be grateful to them rather than to God in order to use this energy to sustain themselves. I have known “gurus” (men and women) who do this and who try to destroy anyone who discovers what is really going on.

One time in the early 1990’s I went to an evening lecture meeting of a supposedly esoteric spiritual service group in northern Arizona. I noticed that the lecturer, the head of the organization, was taking the audience’s energy via their

worship of him. I went into meditation and set up a higher mental magnetic energy focus shield (I can think of no better terms) which prevented this from going on. The lecturer and his accomplice eventually noticed what I was doing (as he was having trouble giving the lecture because of it) and the accomplice started sending black energy emotional-mental radiances at the shield (which was mostly an intense white with very light gold shadings) in an attempt to destroy it. These attempts failed of course because those doing the right thing are always stronger than those who are not and at the end of the lecture the people were freed for a while from herd control. After this the herd leaders made many attempts to control me, and when these failed, they worked to vilify me. In the end of course the truth is always triumphant and it brings freedom and spiritual reward to one and all. Truth itself is the highest authority, and freedom is the highest good as far as humanity is concerned.

In a herd there is really only one giant personality energy field controlled by the leader with the individuals involved usually trying to be like the leader as much as possible. These herd leaders like to surround themselves with as many young people and children as they can because of the greater vital energy present in younger people and their ease of control. Herd leaders usually put on a very good show and may appear to be doing much good for others but in reality they are doing everything for themselves and have a subtle vanity as a significant influence behind all they do. Individuals of a true spiritual ability are free from any significant influences of

personal pride and vanity.

All energy that is taken through any means (even by tricking a person into giving it) must eventually be given back and no adult who has a developed intuitive and spiritual energy field ever takes energy from anyone for any reason. Herds are right and normal in the animal kingdom but human beings should be free individuals evolving toward *group awareness*. Being in a herd can make you feel the illusion of safety and security through the feeling of “belonging”, but it also causes one’s development to mostly stagnate (despite appearances).

Many totalitarian nations are simply herds and this accounts for the generally devitalized energy level of many people who live in them. Governments and government organizations who use intimidation and fear to control their people are *herd creators* and will eventually disintegrate when people realize the type of manipulation that is going on. All “psychic” hotlines and similar organizations are attempts to create *herds at a distance* through fostering personal psychological dependency.

When you watch a television program your energy bodies begin to merge with others through sympathetic vibration at a distance into a type of generalized herd. News programs, talk shows and even lectures which give off negative emotions allow those in control of the programs to vampire off the vitality of those watching. This is because fear and other negative emotions lower one’s energy level and can cause one’s

protective aura to go limp -- when this is the case one naturally looks for a stronger person to depend upon -- and unless that person is a truly good person (free from emotional reactions and vanity) who wants you to learn to depend on yourself and for you to be strong within, he will take your energy. This can and does happen at a distance as energy relations are not limited by the conventional perspectives of time and space. News reporters and talk show hosts usually design their presentation to create a negative emotional state in the audience and then to produce a focus on themselves as the “wise one” who is explaining the situation to you. This allows them to consciously or unconsciously absorb the energy generated by your need for a solution to the unpleasant emotions. People who have strong auras with a spiritual focus, however, can watch television programs and magnetize the energy being generated onto good lines and actually help those who are involved in the program by freeing them somewhat from herd influences.

Individuals gather into organizations for many reasons -- the most common being for business purposes. These organizations are usually task oriented and goal directed and individuals participate in them according to their ability to do the tasks and accomplish the goals. These organizations form the vast majority of human activity and provide the experiences that we all need in order to develop strong and healthy energy fields. Dealing rightly with the individual relationships in these organizations is one of the fastest means of individual growth. Learning to get along with people of different types is critical to

developing the intuitive energy field and to seeing energies accurately. For example, if it bothers you that someone likes mystery novels then when you are around that person you are likely to be critical of him and this will lower your energy level and make you less able to be conscious of what is really going on with that person. Good individual relationships based upon kindness, honesty and strength are the building blocks of spiritual group relationships in which individual preferences, likes and dislikes are only noticed in passing. A *group* is an organization of individuals whose personality energy fields are controlled from within themselves. In a real group there is never any coercion, manipulation, intimidation or deception. Honesty, humility and inner steadfastness are the characteristics of a real group. A group aura is formed *not* by the breaking down and blending of the individual energy fields but by the collective radiations of all the diverse individual auras. Groups are formed as part of the natural evolution of humanity toward higher energy realms. A group aura is a beautiful sight. The family is an excellent learning opportunity for the evolution of herds into gatherings of individuals and into groups. As more families become groups many of society's problems will disappear. Eventually the nations of the world will be true groups but this must come about through individual freedom and natural societal evolution.

### *The "Natural" World*

What is nature? What is the nature of all life around us? Where do we as human beings fit in the scheme of nature? Do we have a special role to play? Answers to these questions have been put forth by many

religions, philosophies, and scientific disciplines. The complete answers will be found when enough people can consciously work in the world of energies. Human beings are a part of nature and our ability to consciously sense and work with auras gives us a special responsibility.

All forms of life are related to all other forms to some degree or another through the interplay of energies. Each form in nature is seeking to evolve toward the next higher form. All forms of rocks, plants and animals have immortal unconscious souls of different types working to evolve through them. In the lower kingdoms of nature a grouping of many forms can provide experience for one evolving soul. For example, herds of animals can be the “body” of a *mass unconscious soul* that is seeking eventually to individualize into the human kingdom. Through long ages human beings have been cooperating in this by domesticating animals and teaching them how to help us in our normal activities. The transmutation of animal life to higher levels occurs through emotional and mental contact with humans. This can be seen in how the energy bodies and auras of pets can become blended with those of their owners. The transmutation of plant life occurs through physical - etheric contact with animals and humans and this is why the plant kingdom naturally provides the best physical sustenance to the higher kingdoms in nature. Elephants, horses and dogs are examples of animals whose souls are about to individualize into the human kingdom. Souls always evolve toward the use of higher and more refined forms.

For nature to continue to improve itself a variety of life forms must shift and change. Species must be allowed to pass away so that

new and better forms for the evolving soul can be developed. Unless we know perfectly what we are doing we should not try to keep a species from disappearing through intentional efforts nor should we try to intentionally force a species to become extinct. Doing either one can be irresponsible. We should all go about our daily activities in freedom and let the results of this teach us about natural laws and how we can cooperate with them. Our increasing sensitivity to the world of energies will help greatly in this. At the present time there is a great changing of natural cycles so that many forms of the old type will disappear and many new types will develop.

It is generally healthiest to live in an area where there are trees, rivers or lakes, or by the ocean. Living in higher altitudes is also attractive to many people. I myself prefer the mountains full of rivers and trees even though I was raised in low lying land by the ocean.

The pollution that humanity is creating is really just an activities effect of our polluting the mental and emotional energies of the planet with our vices. Emotional energy pollution usually shows up in rain and bodies of water and mental energy pollution usually shows up in the atmosphere. Humanity cannot, however, destroy the planet (except through extreme intentional evil which is highly unlikely today) although we could make it uninhabitable for ourselves in our current form (but this also is not a very likely occurrence).

There are many hoaxes going on today about the supposed “devastating” effect that we are having on our planet. When we begin to use material production systems based upon the laws of higher quality energy development then these hoaxes will no longer have an

effect on our lives. When humanity's focus is on higher quality energies then there will come about a sensitivity to the effects of any activity in relation to the whole. This sensitivity is the true higher intuition (which is not based on personal psychology at all) and its development results in what has been called "exact appropriateness of action."

The notion that the sun or sunlight is causing all sorts of health difficulties in combination with a thinning ozone layer is, quite frankly, absurd. Many health difficulties today (mental and physical) are being brought about by lifestyle changes in the last fifty years. The excessive use of soaps, makeup, unnatural fabrics in clothes, diets of fabricated foods, congested cities, the selfish excessive use of the sun's rays to give oneself a "beautiful tan" and the fear energy itself (in relation to the sun's rays) which has been generated by the hoax are some of the causes of such difficulties. The human body evolved in nature and in sunlight (a reasonable amount is good for you) and natural events have been effecting atmospheric layers for the millions of years of human existence. Planetary processes are far more powerful than any human activity. One major volcanic eruption puts more pollutants by volume into the atmosphere than all of our automobiles combined have done during this century. This does not mean that humanity should not act responsibly in relation to the world but we must start by purifying and refining our own energy systems before we can really even begin to understand how to cooperate with natural planetary evolution.

### *How to be your own Teacher.*

Living daily life with right values is the best learning experience. The true Teacher is the Divinity within all of us. The only difference between us is that some of us are unconscious of our higher spiritual self, a few of us are fully conscious of this Divine Angel and most of us are in transition, becoming more conscious of higher realities with each passing year. A very wise Tibetan llama once said that if any command were to be given by any true teacher it would be to follow the promptings of your own conscience and the indications of your own inner and higher Self. Indeed, it is said that when the best teacher's work is done the student says "I learned it myself and I am so grateful to God for this opportunity!" As we develop and refine our energy bodies through right living, humility and gradual improvement, we develop a real and conscious relationship with our spiritual Self. This relationship is within and above and grows through purity, right prayer and meditation. In this way we develop our spiritual energy fields and eventually become consciously one with our higher Self. In the western world the personal relationship that many Christians feel that they have with Jesus Christ is actually the first thread of connection with the Divine Angel or the Christ consciousness. This is a very good thing as once this relationship begins to develop (however it comes about) the person is on the path to higher realities and despite all the mistakes made (because the Divine Angel never interferes in human free will) the person is on the way to becoming his spiritual Self.

You can become your own teacher and develop your inner relationship with your higher Self by doing the following: purifying your energy bodies as described above; paying attention to your conscience in complete honesty; realizing a oneness with all through our wonderful diversity; being harmless in action yet steadfast in principle; dealing rightly with the circumstances that you are in; regular prayer and meditation; and doing sacrificial service for others.

Free will is God's greatest gift to man and in higher spiritual worlds there are great Beings of wisdom and compassion who oversee our spiritual development and help us, through our higher Self (and sometimes by outward means), without ever interfering with our freedom. These are the true Teachers of humanity and have evolved through the human experience as we are now doing. They are full members of the next kingdom in nature (called in the west the kingdom of Heaven) toward which we are all evolving. There are potentially seven kingdoms in nature for our Earth which could be called: mineral, plant, animal, human, heaven, spiritual, and logioic. Each kingdom is the "teacher by example" of the previous kingdom and a sense of this will help us realize the vast beauty of God's creation.

### *Cosmic energy and auras.*

Just as we all have vital, emotional and mental energy bodies and auras so do planets and stars. Life exists in one form or another on all planets either physically (as on our planet) or in realms of energy at different levels (as on, for example, Venus). The aura of each planet is the collective radiance of all life at all levels on it and there is also a collective aura for the solar system. These auras radiate out into space and have inter-planetary, interstellar and even cosmic effects. Our planet receives and sends energy throughout the sol system and with other stars. The cyclic flow of these various energies has an influence on all life on all planes. Most human beings at present do not relate directly to these energies but receive them as they are filtered through and adjusted by our earth's natural energy focuses. As the years pass and more people become aware of the world of energies an entire mathematical science of cosmic energy patterns and their relation to our evolution will be developed. There are certain stars and planets which have a special relation to our planetary life and who send help via energy levels to us in our time of need. Humanity's recent fly by of the outer planets with the space probe Voyager is symbolic of this and it is worth noting that the planetary alignment which allowed for this spatial event also coincided with the fall of many totalitarian governments. Our history is full of such coincidences like the "star in the east" seen by the three wise men around the birth of Jesus and the alignments on July 4, 1776, and an understanding of all of these relations will help us toward a greater understanding of our place in this marvelous cosmic tapestry.

*The next step for us.*

*Health & Healing.*

The conscious recognition of the world of energies will bring about a revolution in the healing arts and sciences. In reality all disease is the result of energy out of balance. When we purify and refine our energy bodies on a societal level the overall health of everyone will improve dramatically. Many health difficulties are transferred from one person to another when the person's aura is weak. Both the overstimulation and the underuse of our energy bodies can cause health problems. Health problems (such as germs and viruses) can also come from the wrong use of our energies or from too close a contact with unhealthy people.

When doctors and psychologists become able to work with emotional and mental energies many problems which show up in the dense physical body will be able to be cured from within by the patient's own higher energy system. Over the last 50 years medical science has made great advances in the use of the ethers or physical vital energies in the healing of the patient. The use of electromagnetics, radiation and lasers in the treatment of various diseases is an example of this. Lifestyle changes which allow a balanced increase in the vital energy of the physical body will help greatly in the field of preventative medicine.

Electromagnetic fields can be both good and bad. A chaotic electromagnetic field (from, for example, a power line) can completely devitalize the physical energy field while a properly controlled one can actually bring about the regeneration of areas of the body. The right use of electromagnetics and energy fields will be a great test for our modern humanity as their misuse has resulted in difficulties for some past civilizations.

Humanity is very blessed by the opportunities for healthier lives as well as to have lives freer from pain and suffering as the result of medical research. We should all follow all *wise* medical advice. Increasingly over the next thirty years angels and very wise doctors will be cooperating to bring about new, more efficient and simpler healing methods. These methods will make amazing use of the mediums of color and sound.

Every life, of course, has its natural cycle and at the right time (usually) we each make the transition out of the physical energy body. When we pass on we will usually find ourselves in our energy bodies in the emotional realm and there will be (if we have lived a reasonably virtuous life), if needed, those who will help us to return to higher spiritual realms from which we will plan future opportunities. The leaving behind of the temporary energy fields is referred to in eastern teaching as *the great transition* and eventually the healing arts will understand this process as well as they now understand the chemistry of the physical body.

There is a level of intuitive energy that demonstrates as the event of healing. Before a person can really use this force he must be perfectly humble. The energy bodies of Jesus Christ were so highly developed and his aura was so sensitive that by just touching his garment a woman in true need received spiritual healing energy that the Christ called “virtue.” Over the next 1000 years there will be a great increase in the number of people able to help us in this way.

## *Nations and Continents*

Those nations with the most freedom (economic, political and religious) are the most spiritually advanced. With freedom comes the opportunity to face one's imperfections and to solve them by seeing and striving toward the better way. This is why so many democratically based nations seem to have the best and worst of the human condition in them. They are microcosms of the world situation and as the people (not the governments!) of these nations learn to deal with difficulties on a local level, while still being free to strive toward individual and organizational excellence, global situations will find solutions. Good governments will be an effect of right human relationships on a local and international level.

The United Nations can be an effective medium through which to solve world problems but not all nations are worthy to have an equal voice in the organization and until dictatorships and other forms of totalitarian governments are decreased in their influence the U.N. may do more harm than good. According to a wise Tibetan teacher it was a mistake to allow a nation in which the people do not have basic rights to influence U.N. decisions. Nevertheless, the possibilities and ideals of the U.N. still remain a great hope for the world.

Humanity has had a vast history and many types and races of people have come and gone over the last twenty million years. There have been many nations and societies which have

developed, served their purpose and disappeared without a trace except for the records kept in a special part of the energy world. These occurrences have come down to us in the legends about Atlantis, Lemuria and other lost civilizations. All of these civilizations existed on continents designed for their needs just as the lands humanity lives on today are well-suited to our modern evolution. It is said that the land of the United States was somewhat a part of the continent of Atlantis. The main continent of Atlantis today is, however, under 5000 feet of chalk under the Atlantic ocean. It was finally submerged some 850,000 years ago. From a more modern perspective it appears that the United States is the rebirth of the Greek city states and that Great Britain with its globe spanning territories is the reincarnation of the Roman empire -- this time with much better morals and ethics.

In ages gone by even the moon was able to support life but the civilization which developed there failed to follow natural law for long periods of time and eventually all life was removed from it. Today the moon is the equivalent of a dead body in space and will eventually disappear altogether. Humanity's attempt to reach and success in landing on the moon was highly symbolic of and significant in man's evolutionary urge to overcome and heal past failures.

Many predictions have been made by many prophets about major occurrences in the late 1990's and it seems that some are likely to come true. Total disaster seems highly unlikely now, however, and things will not be as bad as many have predicted.

We can certainly look for new lands to appear and some present lands to be submerged or destroyed by earthquakes and volcanic eruptions but this may not happen as soon or as quickly as previously predicted. New nations will continue to emerge on the world scene which will be free from the constraints and dependencies that have limited their development. We can look for the rising of new continents in the Pacific ocean (Hawaii appears to be the beginning of one) but the time frame will probably be centuries rather than years.

If there is a third world war it will be a religious war. World War II was in truth a battle between the forces of good and the forces of evil that manifested on the physical plane through nations. This war was at first fought and won on energy levels by the powerful concentration of pure, good and humble human beings who deflected and broke the energy of those who wanted to enslave humanity, making the physical plane victory of the free nations inevitable. Unfortunately at that time totalitarianism covered much of eastern Europe and Asia but today this has changed making the 1990's the most hopeful decade in human history.

We can be certain that over the next 1000 years many of the present lands will be submerged and new one's will arise. These new continents will become the home of new and, hopefully, better nations and peoples. These society's will be based upon ideas that we cannot today imagine but which will bring amazing wonders into our daily lives in the coming new world.



## *Cycles of Opportunity*

The cycles of nature are what determine the timing of events and opportunities. Just as there are the seasons of the year so there are cycles of energy activity which effect us all psychologically. Daily, monthly, yearly and every 25 years major opportunities present themselves.

The times of high energy are sunrise until noon, the time from the first quarter moon to the full moon and spring time (in the northern or southern hemisphere). It is very good to pray at the times when energies peak. These times are: noon time, the time of the full moon (because the influence of the moon is mostly overridden by the energy of the sun at this time) and the summer solstice. Every twenty-five years a special meditation is held by those who live in spiritual realms with a major spiritual impact occurring every 100 years. This occurs in those years at the time of the second full moon after the vernal equinox and the next one will occur (coincidentally with our calendar) in the year 2000. It is noteworthy that the western festival of Easter is set just before this time (conventionally it is the first Sunday after the first full moon after the vernal equinox). The first three full moons of spring in the northern hemisphere are very important and on these days we are all encouraged to pray and meditate. The next major event will occur in the year 2025.

Our development proceeds most rapidly if we cooperate with natural cycles of opportunity. In general at the present time the following cycles are relevant and these cycles will eventually be the guides for all of society's activities:

1. The new moon, midnight and the winter solstice flow with times of rest in preparation for new work.

2. The first quarter moon, sunrise and the spring equinox flow with cycles of new work.

3. The full moon, noon and the summer solstice mark times of high energy and the beginning of a cycle of work consolidation.

4. The last quarter moon, sundown and the autumnal equinox flow with work consolidation toward a time of rest.

As we become sensitive to the real world of energies we will become aware of other natural cycles of opportunity. These cycles are related to planetary and solar events (such as the 11 year sunspot cycle) and one day an understanding of this will constitute a very important science. In the coming new religion prayer and meditation in cooperation with natural cycles will be a central focus of our growing ability to consciously help in God's plan.

## *The New Technology*

Over the last two hundred years (since the discovery of lightning as electricity) humanity's technological progress has been amazingly rapid. This progress has been driven from deep within the human collective past memory. In ages past, in other civilizations and continents, humanity was in possession of technologies of similar abilities (and some greater) than that which we have today. The difference is that today humanity has sufficient mental energy to discover these technologies itself while in the past we were the recipients of "gifts" from higher realms. Humanity today is more advanced than it has ever been.

The new technology will be both far simpler and far more powerful than the current technology. It will come about through discoveries in the realm of the ethers or the physical vital energies. As more people purify and refine their auras it will become safe for humanity to be allowed to develop this technology. The new technology will be based on the relationships between and the right combinations of geometry, sound, crystals (such as quartz) and high quality metals. Experimenting with these ideas can be very dangerous unless the experimenter is aware the world of energies and researchers are cautioned to proceed very methodically and slowly. Using a very simple device of this technology we will be able to draw electrical power directly from the surrounding ethers making us all locally energy independent.

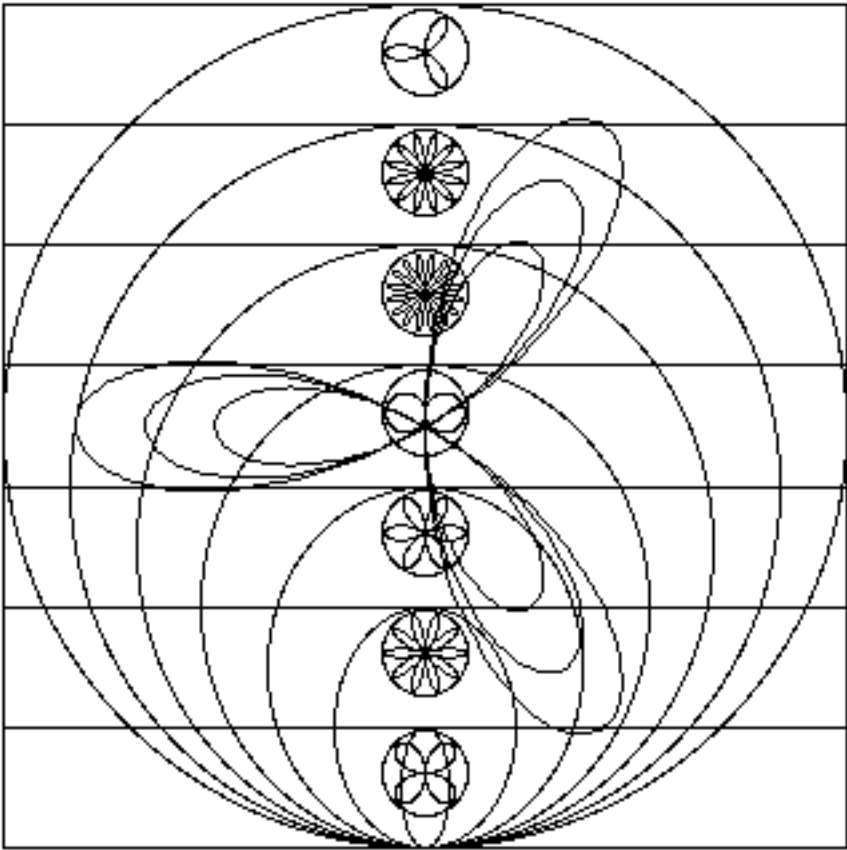
A discovery in the realm of electricity is imminent which will demonstrate the balancing principle of energy making levitation and personal air transport an economic reality. Discoveries in the realm of photography will allow us to take pictures of the different energy levels. The new technological devices will be so sensitive and refined that we will be able to control them using our energy bodies. One directed thought or energy projection from our aura will set a machine in motion. Of course we must be able to control our minds well enough first so as to have “one directed thought” or having such devices would result in chaos!

The new architecture will focus on having sunlight and fresh air flow throughout the building. Stone, marble and other non-conductive minerals are the best materials to build with.

In Florida there is supposedly an amazing architectural construction known as the Coral Castle. It was reportedly built entirely out of the local bedrock by one man who emigrated there in 1919 from Latvia. The castle and all of its surrounding walls and sculptures are said to be shaped from stones weighing many tons. According to the stories it was built by the likable kind gentleman during the 1920's without anyone's assistance and without the use of any machinery. One time his neighbors thought that they saw him with his hands over a multi-ton piece of bedrock which was hovering in midair right in front of him! He was apparently able to do by himself some of the wonderful feats that the new technology will allow us to do very easily.

In truth the human energy system is the most powerful technology available to us and anything that we can do with machines is but a reflection of our own inner abilities. The telephone, radio and television are but physical representatives of telepathy. The car and airplane are reflections of levitation and the computer is an indication of the awesome power of human intelligence. As we become able to understand energies and auras the ways of developing these powers in service to all will become known to us.

*Seven Fields & Seven Planes*



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